**Quiz**

**1 Read the sentence from the introduction [paragraphs 1-4].**

***The Obama administration's new dietary guidelines, released on Jan.***

***7, back off from the strictest sodium rules included in the last version,***

***while still asserting that Americans consume too much salt.***

**Which answer choice is CLOSEST in meaning to "asserting" as used in the sentence?**

**(A) protesting**

**(B) professing**

**(C) justifying**

**(D) defending**

**2 Read the sentence from the introduction [paragraphs 1-4].**

***After a backlash from the meat industry and Congress, the***

***administration ignored several suggestions from a February report by***

***an advisory committee of doctors and nutrition experts.***

**Which answer choice BEST defines "backlash" as used in the sentence?**

**(A) negative reaction**

**(B) questionable impact**

**(C) unexpected outcome**

**(D) major disappointment**

**3 Look at the chart titled "Sources of added sugars for U.S. population ages 2 and up."**

**How does the chart enhance the information in the article?**

**(A) It indicates the differences between added and natural sugars.**

**(B) It provides a breakdown of where added sugars are most likely to be found.**

**(C) It gives an overview of which sources of added sugars are highest in sugar.**

**(D) It emphasizes that added sugars are a problem mainly for people older than**

**2 years old.**

**4 Based on the charts, which of the following statements is TRUE?**

**(A) Soft drinks are the biggest source of added sugars in the average U.S. diet.**

**(B) The highest amounts of added sugars are eaten by those 9 to 18 years old.**

**(C) Sweet snacks are not a major source of added sugars in the average U.S.**

**diet.**

**(D) Females ages 31-50 consume greater amounts of added sugars than males**

**19-30.**

**Writing:**

**Type a paragraph, at least 6-8 sentences long that explains the central idea of the article. Use at least two detail from the article to support your response.**